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Antioxidant Metal Complexes of Quercetin Derivatives: Synthesis, Characterization, and Therapeutic Potential

LABORATORY OF INORGANIC CHE AND ADVANCED MATERIALS



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Abstract: Chronic diseases are closely linked to oxidative stress, prompting interest in the use of natural antioxidants, such as quercetin. However, limited bioavailability reduces its therapeutic potential. Sulfonation to form quercetin 5'-sulfonic acid (QSA) improves its stability and solubility. Complexation of QSA with lanthanide metal ions enhances its antioxidant and cytoprotective properties. These binary metal-QSA complexes show promise in *in vitro* biological activity against oxidative stress. This study synthesizes and characterizes such complexes, evaluating their biological potential. The aim is to advance targeted therapies using natural compounds for diseases like cancer.



Introduction

The rising prevalence of chronic diseases, such as cancer, cardiovascular, and neurodegenerative disorders, presents a significant global health challenge. These conditions are often driven by oxidative stress, a phenomenon in



flavonoid ntioxidant oxidative stress Fig. 1: Co-occurrence map of quercetin²

which an excess of free radicals overwhelms the body's natural defenses, causing damage to critical cellular structures and contributing to disease development.¹ As a result, natural products with antioxidant properties, such as quercetin (Fig. 1), have drawn considerable attention in recent years due to their biological pluripotency. Quercetin, a flavonoid found in various plant-based foods, is known for its strong antioxidant, anti-inflammatory, and anticancer activities.² Nevertheless, its clinical application is hindered by poor bioavailability and instability.³ To address these limitations, attention has turned to the formation of metal ion complexes (Fig. 2), especially with lanthanide ions such as lanthanum, cerium, and erbium, which may help enhance quercetin stability and bioactivity. Such complexes offer a promising approach for improving the therapeutic potential of quercetin, effectively counteracting oxidative stress.⁴

Fig. 2: Chemical lanthanide complex⁵

OH

Materials and methods

1. Materials: Quercetin, H₂SO₄ **Reaction techniques**: Magnetic stirring with heating at 20 °C for 21 h. Physicochemical Characterization: Elemental analysis, Fourier Transform Infrared Spectroscopy (FT-IR).

2. Materials: $Ce(NO_3)_3 \cdot 6H_2O_5$, 5'-sulfonic acid (QSA), 1,10-phenanthroline, triethylamine, methanol, water. Synthesis techniques: Hydrothermal method, 80 °C and 2 h. Physicochemical Characterization: Elemental analysis, Fourier Transform Infrared Spectroscopy (FT-IR), UV-Visible, X – Ray crystallography, Luminescence.



Results and discussion

The product of the initial reaction, the identity of which was experimentally confirmed, was subsequently employed in the attempt to synthesize the hybrid ternary

Ce(III)-QSA-phenanthroline complex material. Similar experiments were carried out using other lanthanide ions, such as La(III), Nd(III), Sm(III), Er(III), Dy(III) and Eu(III), applying a hydrothermal crystallization method under conditions of 140 °C for 48 h (Fig. 3). The investigation into the coordination mechanism of lanthanides with the QSA ligand reveals critical physicochemical factors influencing complex formation, and it is still ongoing. Further experiments are currently being designed, aiming to modify the synthetic conditions and/or employ alternative auxiliary ligands anticipated to facilitate crystallization and isolation of the ternary materials. Physicochemical characterization of the hybrid materials (Fig. 4) synthesized so far formulate the profile, thus justifying further use in biological testing pertaining to the etiopathology and theranostics of human diseases.





Fig. 4: Ce(III)-QSA-phenanthroline complex

Literature

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Fig. 3: 5'-sulfonic acid (QSA)

Conclusions

- The QSA ligand was successfully synthesized and structurally verified in the Lab.
- Attempts to form Ce(III)-QSA-phenanthroline complexes under hydrothermal conditions were made and discrete materials were isolated.



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